

13. Offline learning opportunities

The following table might help parents with a few ideas for offline learning activities.

Activity	Purpose/What it is used for?	Resources Required
<p>Gardening</p> <ul style="list-style-type: none"> - Planting seeds - Weeding - Caring for plants 	<ul style="list-style-type: none"> - Development of gross motor skills. - Development of fine motor skills - Opportunity for conversation while working - listing cooperative skills required for effective teamwork, for example turn-taking, respecting different points of view, decision-making skills 	<ul style="list-style-type: none"> - Spade - Rake - Wheel barrow - Seeds/ seedlings - Watering can
<p>Book Charity</p> <ul style="list-style-type: none"> - Sort through your books and find some to donate to charity. - Write a note of kindness and place it in the books you will donate for the next person who opens your book to read. 	<ul style="list-style-type: none"> - Act of Kindness - Respect for the community - identifying groups in the local community and exploring their purpose - investigating ways they could participate in a school or community project - discussing the motivations of people who have contributed to communities, for example local community volunteers, leaders and elders 	<ul style="list-style-type: none"> - Books from home - Box / container to put them in
<p>Kindness Character</p> <ul style="list-style-type: none"> - Make up a Kindness character for each of your family members. - Write a kindness story about each of your 	<ul style="list-style-type: none"> - listing personal strengths and giving examples of how these strengths contribute to wellbeing - identifying personal qualities to be developed and giving reasons for their choices - setting and monitoring goals to develop new 	<ul style="list-style-type: none"> - Workbook - Pencils

characters.	personal qualities, such as the ability to share	
What I am confident doing <ul style="list-style-type: none"> - Draw and write about 4 things that you feel confident doing 	<ul style="list-style-type: none"> - listing personal strengths and giving examples of how these strengths contribute to wellbeing - identifying personal qualities to be developed and giving reasons for their choices - setting and monitoring goals to develop new personal qualities, such as the ability to share 	<ul style="list-style-type: none"> - Workbook - Pencils
Board Game <ul style="list-style-type: none"> - Play a board game with your family 	<ul style="list-style-type: none"> - identifying the emotions that are experienced if others are excluded from activities, groups or games - developing inclusive practices which impact on others' emotions, such as 'invitation to join a group' - recognising the effects of inclusive behaviour, for example 'feeling valued' or 'belonging to a group' - listing cooperative skills required for effective teamwork, for example turn-taking, respecting different points of view, decision-making skills 	<ul style="list-style-type: none"> - Board game
Obstacle Course <ul style="list-style-type: none"> - Create an obstacle course 	<ul style="list-style-type: none"> - identifying ways to manage potentially difficult situations by considering possible actions or choices - listing a range of help-seeking strategies to assist them to cope with challenge and change - discussing the saying 'If at first you do not succeed try try again' - listing cooperative skills required for effective teamwork, for example 	<ul style="list-style-type: none"> - Timber - Rocks - Skipping rope - ladder

	<p>turn-taking, respecting different points of view, decision-making skills</p>	
<p>Build a Fort</p> <ul style="list-style-type: none"> - Build a fort at home using blankets and pillows 	<ul style="list-style-type: none"> - Opportunity for conversation while working - listing a range of help-seeking strategies to assist them to cope with challenge and change - discussing the saying 'If at first you do not succeed try, try again' - recognising the effects of inclusive behaviour 	<ul style="list-style-type: none"> - Blankets - Pillow - Couch
<p>Treasure Hunt</p> <p>Make a treasure hunt including the map</p>	<ul style="list-style-type: none"> - discussing the saying 'If at first you do not succeed try, try again' - listing cooperative skills required for effective teamwork, for example turn-taking, respecting different points of view, decision-making skills 	<ul style="list-style-type: none"> - Workbook - Pencils
<p>Puzzle</p> <ul style="list-style-type: none"> - Make or do a jig saw puzzle 	<ul style="list-style-type: none"> - Development of fine motor skills - Opportunity for conversation while working 	<ul style="list-style-type: none"> - Board game
<p>Gratitude Diary</p> <ul style="list-style-type: none"> - Create a gratitude diary with your family for each of your family members to write something in each day. 	<ul style="list-style-type: none"> - participating in collaborative discussions, building on and connecting ideas and opinions expressed by others, and checking own understanding. - listing personal strengths and giving examples of how these strengths contribute to wellbeing - identifying personal qualities to be developed and giving reasons for their choices 	<ul style="list-style-type: none"> - Workbook - Pencils -

	<ul style="list-style-type: none"> - Opportunity for conversation while working 	
<p>Calm Box</p> <ul style="list-style-type: none"> - Create a space or container full of your favourite calming resources or fidget toys. 	<ul style="list-style-type: none"> - Act of Kindness - Opportunity for conversation while working 	<ul style="list-style-type: none"> - Box / container - Toys - Calming resources
<p>Clean Your room</p> <ul style="list-style-type: none"> - Help your mum, dad, brother or sister to clean their room. 	<ul style="list-style-type: none"> - Act of Kindness - Opportunity for conversation while working - listing cooperative skills required for effective teamwork, for example turn-taking, respecting different points of view, decision-making skills - Brainstorming strategies to work independently - explaining why time management would be important when working independently 	<ul style="list-style-type: none"> - Vacuum - Duster - Bin
<p>Spelling Help</p> <ul style="list-style-type: none"> - Use letters from magazines, newspapers or catalogues to learn your spelling words 	<ul style="list-style-type: none"> - Development of fine motor skills - Opportunity for conversation while working - Using strategies such as sounding out, chunking and blending of uncommon consonant and vowel clusters to problem solve words 	<ul style="list-style-type: none"> - Magazine - Newspaper - Scissors - Glue stick

<p>Make a card</p> <ul style="list-style-type: none">- Make a card for a friend to fill their bucket	<ul style="list-style-type: none">- Development of fine motor skills- Act of Kindness- Opportunity for conversation while working- Opportunity to fill a bucket	<ul style="list-style-type: none">- Craft paper- Pencils- Scissors- Glue stick
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